

# TRANSITION THRIVE

## CONSOLIDATING CHANGE IN OUR COMMUNITY

**FOR THE FIRST TIME IN SPAIN** - 14 and 15 JUNE, BARCELONA

With NARESH GIANGRANDE, Co-founder of Transition Towns Movement



## CONTEXT

The Transition Movement, also known as Transition Towns Movement, works to transform our inegalitarian and fossil fuel-dependent society into one that is more socially and ecologically just, resilient and community-based. This is one of the most successful proposals worldwide and in the Spanish State, with about five years of existence, it is growing and evolving, seeking ways forward in a changing and challenging - albeit full of opportunities - environment, as is the current crisis.

## INTRO

THRIVE is the continuation of the successful LAUNCH training course done by over 200 participants in Spain since 2013. It is an experiential and participatory two-day training, designed by the International Transition Network, full of imaginative tools to take a step further and consolidate the transition in our community.

Transition is a complex process.

We are familiar issues as:

How to inspire new people to get involved?  
vWhat do we do if we get the funding they need?

How to start to revitalize our local economy?

What examples of projects and companies are inspiring us to develop our Transition Initiative?

Could our communication be more effective?

Do we value what we achieved in the group?

If so, this training will open new ways of living and working for you personally, and be of significant benefit to your Transition Initiative. This is a positive exploration of the transition model to maintain the momentum of your initiative, help it thrive and deepen the process of change.

The ability to increase the resources that come into our project - time, money, etc.. - And continue with the personal motivation of each one to do this work, are key barriers for maintaining momentum in the Initiatives. THRIVE specifically addresses these issues and is designed to help you create the right plan for you and your initiative.



## TRANSITION THRIVE OVERVIEW

We have developed an easy, practical tool to help you find the successes, gaps, and challenges in your Transition Initiative.

The course is set out as a menu of possibilities that are dependent on the needs of each group, so the content changes for each course. Our intention is to make the time we spend as valuable and relevant to each participant, and to tailor the areas we cover to the actual needs of the group that come. The areas that are typically covered are:

- \* Reach out to the concerned but not yet involved
- \* Fund your initiative
- \* Create jobs and new enterprises in a local, green economy
- \* Develop effective communication strategies
- \* Find ways to maintain your personal resilience

We will be exploring what works and what doesn't for other Transition Initiatives. As always in Transition Trainings, we will be weaving together theory and practice, information and experiential learning, and flexibility within a structured approach...

## REGISTRATION

- \* **Special Offer Contribution: 90 €**  
Coming 2 persons or more from your initiative 60 €
- \* *Once there are 20 attendees, bursary places will become available at 60€.*

(Places with bursaries will be confirmed 2 weeks before the course - thanks for sending us an email if you are interested in the scholarships, justifying why you need it.)

## FOOD AND ACCOMMODATION

Ecological and vegetarian menu.

If you come from outside of Barcelona and need accommodation please let us know and we will try to help you. If you live in Barcelona and you can host someone coming from far away please let us know.

## FOR MORE INFORMATION

To register or any other queries, please write to: [formacion@transicionsostenible.com](mailto:formacion@transicionsostenible.com)

For more information:

[www.transicionsostenible.com](http://www.transicionsostenible.com) [www.reddetransicion.org](http://www.reddetransicion.org) [www.transitionnetwork.org](http://www.transitionnetwork.org)

## WHO IS THIS COURSE FOR?

- People who are part of a transition initiative.
- People who are part of a social or environmental initiative, who want to acquire tools for building resilience in their communities.
- People who want to improve their knowledge or skills to help your group to consolidate.
- People who are working with or for local institutions.

This training is NOT ideal for you if:

- You are new to the process of Transition.
- You need basic skill to work in a group.
- You want to start a Transition initiative.

**If this is your case, you need the LAUNCH training.**

Courses are conducted by experienced trainers, certified by the **International Network of Transition**.

### FACILITATORS

**Naresh Giangrande**

Co-founder of the Transition Movement alongside Rob Hopkins and Transition Town Totnes. Creator of Transition Training, has carried out courses and events in multiple countries. This will be his first time in Spain.

**Juan del Río**

Co-founder of Transition Network Spain, coordinator of Transición Sostenible and member of Cardedeu en Transició

**Mathieu Durrande** – Co-founder of ecodigma and member of Cardedeu en Transició.

**Ana Huertas** - Permaculture teacher and co-founder of Transition Network Spain

**In collaboration with:**

Associació Amics del bosc de Can Turull.

**Organised by:**

